

Life at Valley Center

WOMEN'S BIBLE STUDY

Join this new Women's Bible Study tonight, Sunday, January 21 at 7:00 pm in Frazier Hall. This Beth Moore study, "Breaking Free," takes a fresh look at Isaiah and applies it to Christian living today. The \$20 fee will cover all materials, and scholarships are available. Please register for the class by contacting Ferol Null at fnull@paznaz.org. Women of both campuses are welcome.

FELLOWSHIP & PRAYER

This new event begins Sunday, January 28, at 6:00 pm in Frazier Hall and will be a time of sharing food together and praying for one another. Please sign up with Ferol Null today after service. This is open to everyone.

CONGREGATIONAL CARE

Your pastoral staff wants to know when you or members of your family are in the hospital, facing surgery, or any other crisis. They want to join you in prayer and support during those difficult times. Please notify Pastor Heather Handley at hhandley@paznaz.org, or by calling her directly at 626.351.2477. Pastor Heather will alert the pastoral staff and the other prayer teams that meet throughout the week.

BAPTISM/CHURCH MEMBERSHIP

Are you interested in baptism or church membership? Talk to Pastor Heather Handley following today's service or contact her at hhandley@paznaz.org or 626.351.2477.

Leadership Team

Heather Handley, Interim Campus Pastor
Nathan Rodriguez, Worship Leader
Terry Irish, Associate Pastor
Scott Farris, Youth Ministry Director
Liane D'Arezzo, Valley Center Preschool Director

This Week at VC

Sunday, January 21

9:55 am Simply Prayer—Frazier Hall
10:00 am Nursery Care (Birth - 3)
10:15 am A Place at the Table—Frazier Hall

Monday, January 22

No activities this day

Tuesday, January 23

7:00 pm Youth Group (Grades 6-12)—Frazier Hall

Wednesday, January 24

6:30 pm Find the classes that are right for you and your whole family on the PazNaz campus.

Thursday, January 25

7:30 pm Worship Team Rehearsal—Sanctuary

Friday, January 26

No activities this day

Saturday, January 27

No activities this day

VALLEY CENTER GIVING UPDATE

Tithes and Offerings Year to Date

Received January 14—\$477
Needed per Sunday—\$1,924
Received Year-to-Date—\$78,173
Budget Year-to-Date—\$79,524

The church fiscal year is from April 1, 2017 to March 31, 2018

Valley Center: A Campus of PazNaz

5119 North Valley Center Avenue
Covina, California 91724
909.599.2512
valleycenter@paznaz.org

Helpful Information

Parking Lot Shuttle

A shuttle is available at the back ramps and on the patio for those in need of assistance. Call 626.351.9631 for service.

Guest Registration

Complete the information requested on the Friendship Pad as it is passed during the service.

Today's Offering

If you are a guest, please do not feel obligated to participate in the offering. This is an opportunity for regular attendees who consider PazNaz their church home to support the ministries of the church.

Listening Assistance Devices

These devices are available at all worship services. Ask an usher for assistance.

Welcome Center

It's the central kiosk on the patio. Guests can stop by for a friendly hello and information.

Cry Room for Babies & Children

A special room is available just off the main lobby equipped so that you'll be able to see and hear the service while tending to the needs of your child. Nurseries are also available with nursery attendants trained and screened to provide a safe environment. Ask an usher for assistance.

Lost and Found

Lost and Found is located at the reception desk in the church office from 8:00 am to 5:00 pm during the week.

Sunday Morning Messages

You can watch or listen to the Sunday morning messages online. Just go to www.paznaz.org or look up *PazNaz Weekly Sermons* on iTunes.

Leadership Team

Tara Beth Leach, Senior Pastor

Mano Agulian, Armenian Ministries
Marcos Canales, La Fuente Ministries
Sam Chung, Cantonese Ministries
Alan De Vries, Instrumental & Choral Music
Ali Deckard, Creative Worship
Joel Deckard, Interim Youth Director
Heather Handley, Youth Pastor & Valley Center Interim Pastor
Julie Keith, Family Life Ministries/Special Needs
Timothy Lee, Korean Ministries
Darwin Ng, Congregational Care/Senior Adults
Rosa Ramirez, Compassionate Ministries
Ali Ravasdy, Early Childhood Ministries
Doug Ravasdy, Elementary Ministries
Faith Romasco, Formation
Janine Sagherian, Sunrise Preschool Director
Emily Shnorhokian, Family Life Associate
Brad Strawn, Teaching Pastor
Min Xiao, Mandarin Ministries



This Week at PazNaz

Sunday, January 21

7:40 am Simply Prayer—Bride's Room, Lee Chapel
8:00 am Morning Worship—Lee Chapel
8:00 am Early Birds Childcare—228, Arms Hall
8:30 am Church in the Park—Central Park
9:15 am Early Childhood Classes—Arms Hall
9:15 am Special Needs Children's Class—123, Arms Hall
9:15 am La Fuente Ministries, Estudio Biblico—146, Reed Hall
9:15 am 华语主日学 Mandarin Sunday School—149B, Reed Hall
9:15 am Sunday School for children of all ages
9:15 am Adult Sunday School Classes—various locations
9:30 am Cantonese Sunday School—245, Lee Chapel
10:15 am Simply Prayer—Sanctuary
10:30 am Morning Worship—Sanctuary
10:30 am Early Childhood Classes—Arms Hall
10:30 am Children's Church—102, Lower Sanctuary
10:30 am Special Needs Children—122 & 123, Arms Hall
10:30 am Special Needs Youth Moderate to Severe — 115, Lower Sanctuary
10:30 am Cantonese Service—Lee Chapel
10:30 am La Fuente Ministries—Meguiar Youth Center
10:45 am Korean Service—249, Reed Hall
11:00 am 华语崇拜 Mandarin Service—248, Reed Hall
12:30 pm 华语午餐会 Mandarin Lunch —148, Reed Hall
1:00 pm 华语体育活动 Mandarin Sports Fellowship—Gym
6:00 pm Armenian Christian Outreach—Lee Chapel

Monday, January 22

6:30 pm Men's ACOP Basketball—Gym

Tuesday, January 23

9:30 am Women in the Word—Gilmore Hall
4:00 pm Men's Basketball—Gym, Open to everyone

Wednesday, January 24

12:30 pm Centurion Class Prayer—246, Reed Hall
2:00 pm Helping Hands—Lower Sanctuary, West Area
6:30 pm Girlfriend to Girlfriend—Gilmore Hall
6:30 pm Men's Ministries—246, Reed Hall
6:30 pm Financial Peace University—249, Reed Hall
6:30 pm God's Healing for Life's Losses—247, Reed Hall
6:30 pm Nursery, Birth to 2—228, Arms Hall
6:30 pm Early Childhood, Age 3-K—227, Arms Hall
6:30 pm PazNaz Kids, grades 1-5—102, Lower Sanctuary
6:30 pm Special Needs Adults—115, Lower Sanctuary
6:30 pm Middle School—112, Lower Sanctuary
6:30 pm High School—Meguiar Youth Center
6:30 pm Armenian Christian Outreach Prayer Meeting—148, Reed Hall
6:45 pm Celebration Choir—101, Lower Sanctuary
7:00 pm Mandarin Bible Study—149A, Reed Hall
7:30 pm Armenian Christian Outreach Bible Study—146, Reed Hall

Thursday, January 25

10:00 am Simply Prayer—Lee Chapel
7:30 pm Sunrise Orchestra—101, Lower Sanctuary

Friday, January 26

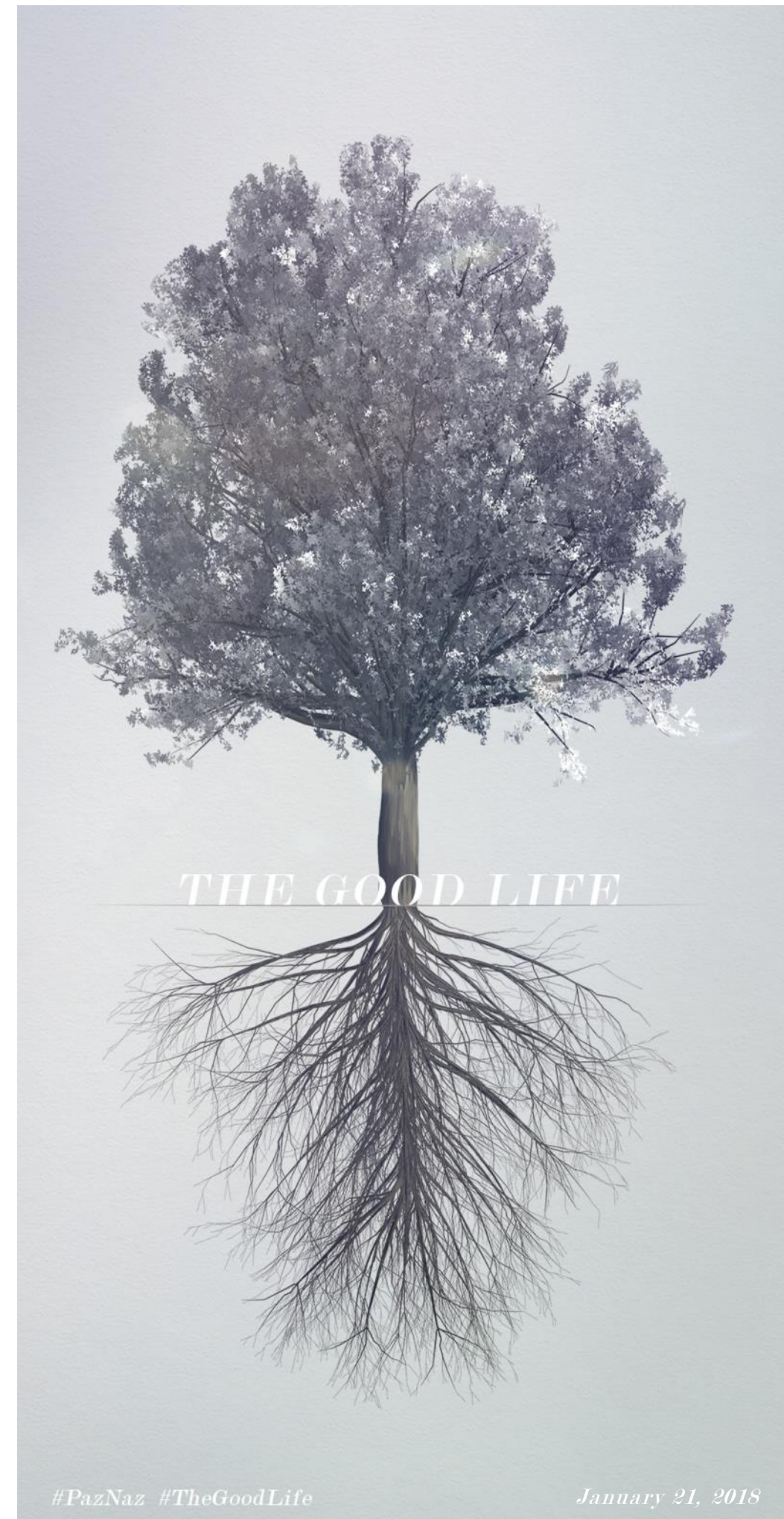
6:00 am Early Christians—247, Reed Hall

Saturday, January 27

No activities this day

First Church of the Nazarene of Pasadena

3700 East Sierra Madre Boulevard
Pasadena, California 91107
www.paznaz.org | 626.351.9631



#PazNaz #TheGoodLife

January 21, 2018



with Dr. Brad Strawn—An Apprentice to Self-Emptying Love

Sermon Text:

Philippians 2: 1-11 CEB

Therefore, if there is any encouragement in Christ, any comfort in love, any sharing in the Spirit, any sympathy, complete my joy by thinking the same way, having the same love, being united, and agreeing with each other. Don't do anything for selfish purposes, but with humility think of others as better than yourselves. Instead of each person watching out for their own good, watch out for what is better for others. Adopt the attitude that was in Christ Jesus:

Though he was in the form of God,
he did not consider being equal with God something to exploit.

But he emptied himself
by taking the form of a slave
and by becoming like human beings.

When he found himself in the form of a human,
he humbled himself by becoming obedient to the point of death,
even death on a cross.

Therefore, God highly honored him
and gave him a name above all names,
so that at the name of Jesus everyone
in heaven, on earth, and under the earth might bow
and every tongue confess that
Jesus Christ is Lord, to the glory of God the Father.

Deuteronomy 8:1-10 CEB

You must carefully perform all of the commandment that I am commanding you right now so you can live and multiply and enter and take possession of the land that the LORD swore to your ancestors. Remember the long road on which the LORD your God led you during these forty years in the desert so he could humble you, testing you to find out what was in your heart: whether you would keep his commandments or not. He humbled you by making you hungry and then feeding you the manna that neither you nor your ancestors had ever experienced, so he could teach you that people don't live on bread alone. No, they live based on whatever the LORD says. During these forty years, your clothes didn't wear out and your feet didn't swell up. Know then in your heart that the LORD your God has been disciplining you just as a father disciplines his children. Keep the commandments of the LORD your God by walking in his ways and by fearing him, because the LORD your God is bringing you to a wonderful land, a land with streams of water, springs, and wells that gush up in the valleys and on the hills; a land of wheat and barley, vines, fig trees, and pomegranates; a land of olive oil and honey; a land where you will eat food without any shortage—you won't lack a thing there—a land where stone is hard as iron and where you will mine copper from the hills. You will eat, you will be satisfied, and you will bless the LORD your God in the wonderful land that he's given you.

ORDER OF WORSHIP

Pasadena Campus

8:00 am Worship
Lee Chapel

Songs of Worship

- Come Thou Fount, Come Thou King
- 'Tis So Sweet / I Have a Hope
- Psalm 62
- Christ We Do All Adore Thee

Offertory

Leaning on You, Jesus

Today's Message

Dr. Brad Strawn

Valley Center Campus

10:15 am Worship
Valley Center Sanctuary

Songs of Worship

- Our God
- Tremble Build My Life
- O Come to the Altar
- In Christ Alone

Today's Message

Pastor Heather Handley

Pasadena Campus

10:30 am Worship
PazNaz Sanctuary

Songs of Worship

- Never Gonna Stop Singing
- How Marvelous
- Reign In Us
- So Will I (100 Billion X)
- 'Tis So Sweet
- Roots

Offertory

People of God

Today's Message

Dr. Brad Strawn

Good Life Challenge: Week 3

To engage in self-emptying love is to have the attitude or mind of Christ. It is to take on the form of a servant for the sake of the other. We live in a world in which we unwittingly engage in a rule of life that teaches us that the goal of life is personal fulfillment. It is all about me, my rights, my privilege, and my way. But the WAY of Jesus is a self-emptying love which means we give up our rights, our privilege and our way. This is only possible because we learn that we have a God who we can trust. A God who will not let us down. A heavenly parent who knows us, cares for us, and will be there for us.

The spiritual practice of fasting is one way in which we learn not only how much we need God but how much God is truly there for us. By fasting from food, behaviors, activities, etc., (often good things of God) we are reminded that we don't need all these things. What we need God will provide. We can trust God, we can hold "our possessions" lightly. When we can live this way, we can practice self-emptying love for the other, the neighbor in our midst. We don't have to worry that there isn't enough to go around, because God is the one that provides.

Examples:

What should I fast? Pray about this. What is something that it often feels like you can't live without? What is a behavior you engage in so automatically you don't even think about it? What is something you do that is almost exclusively for your own self-fulfillment? This might help you find something to fast.

Personal

- Fast a meal once per week (or a whole day) and during that time pray, journal, listen to Christian music, engage in spiritual reading.
- Fast one food item per day or week. For example, don't put sweetener in your tea or coffee.
- Fast a type of behavior: social media, spending money on a particular thing or on a particular day, criticism, sarcasm, watching the news one day a week, rushing, speeding, etc.

Relationships

- Make a "fast covenant" with a friend in which you fast the same thing and/or pledge to hold each other accountable.
- Meet to talk about what it has been like, what you are learning and why it is hard.

Edify Others and Mission

- If you are fasting something that has a financial price tag, take that money and use it to edify someone else. Make it a part of your weekly offering, donate it to a particular social cause, etc.

Resources for The Good Life Series:

These are recommended resources for you to dig deeper during our series, though all the views expressed in these books are not necessarily endorsed by the pastors and staff of PazNaz.

BOOKS ON FASTING

Richard J. Foster, *Celebration of Discipline: The Path to Spiritual Growth*

Adelle Calhoun, *Spiritual Disciplines Handbook*

Scot McKnight, *Fasting: The Ancient Practices*

Marjorie Thompson, *Soul Feast: An Invitation to the Christian Spiritual Life*

Tara Owens, *Embracing the Body*

James Wilhoit, *Spiritual Formation as if the Church Mattered.*

Rodney Clapp, *Tortured Wonders, Christian Spirituality for People, Not Angels.*

James K. A. Smith, *You are what you Love: The Spiritual Power of Habit.*

Ronald Rolheiser, *The Holy Longing: The Search for a Christian Spirituality*

Johnathan R Wilson, *Why the Church Matters: Worship, Ministry and Mission in Practice.*

Dallas Willard, *Hearing God
Renovation of the Heart
The Divine Conspiracy
The Spirit of Disciplines*

Henri Nouwen, *Compassion
Life of the Beloved*

John Ortberg, *Soul Keeping
The Life You've Always Wanted*

A.W. Tozer, *The Knowledge of the Holy
The Pursuit of God*

Michael Frost, *Surprise the World!*

Alan Andrews, *The Kingdom Life: A Practical Theology of Discipleship and Spiritual Formation*
Phyllis Tickle, *The Divine Hours: Prayers for Springtime*

Tish Harrison Warren, *Liturgy of the Ordinary*

Thomas Merton, *The Seven Storey Mountain
The Wisdom of the Desert*

Richard J. Foster, *Streams of Living Water
Prayer*

Scot McKnight, *A Fellowship of Differents
The Jesus Creed
Praying with the Church*

Michael Counsell, *2000 Years of Prayer*

Brad Strawn, *The Physical Nature of the Christian Life*

Peter Scanzero, *Emotionally Healthy Spirituality*

Bob Benson and Michael W. Benson, *Disciplines for the Inner Life*

Dr. Helen Orme, *Self Care through Prayer and Forgiveness*

Elizabeth Conde-Frazier, S Steve Kang, *A Many Colored Kingdom: Multicultural Dynamics for Spiritual Formation*

Life at PazNaz

MEN'S MINISTRIES

Play the Man - Somewhere along the way, our culture lost its definition of manhood, leaving generations of men and men-to-be confused about their roles, responsibilities, relationships, and the reason God made them men. Join this group of men who will settle for nothing less than fulfilling their highest calling to be the man and the father God has destined them to be on Wednesdays at 6:30 pm in Room 246, Reed Hall starting January 24 as they go through this study by Mark Batterson. Contact David Mimms for more information at dmimms@paznaz.org.

WIDOWS AND WIDOWERS' VALENTINE'S DAY LUNCHEON

It's time to RSVP for PazNaz's Valentine's Day Celebration for widows and widowers on Wednesday, February 14, at 12:00 noon in Gilmore Hall. This year's theme is *You Are Loved!* and will feature entertainment and a free lunch. Please contact Melody Bundy at mbundy@paznaz.org or 626.351.2425 to make your reservation by Wednesday, February 7.

LUNCHEON VOLUNTEERS

Your help is needed! If you would like to be a blessing this Valentine's Day and are able to serve at this year's luncheon on Wednesday, February 14, from 11:00 am-2:00 pm, please contact Melody Bundy at mbundy@paznaz.org or 626.351.2425.

BIBLE DONATIONS

Church in the Park is seeking donations of new or gently used Bibles to hand out to our friends at the park on Sunday mornings. If you would like more information, please contact Pastor Rosa Ramirez at rramirez@paznaz.org or 626.351.2421.

GOD'S HEALING FOR LIFE'S LOSSES

When life's losses invade your world, learn how to face suffering with God. This will be a raw and honest study concerning suffering, loss, and grief from a Christian perspective. Ginny Pedrotti, a retired pastor/missionary will be teaching the grief recovery class. She longs for others to find hope and strength to go on with life, and to have a safe place in which to mourn. This group meets on Wednesdays at 6:30 pm in Room 247, Reed Hall starting January 10. For more information contact Ginny Pedrotti at 626.446.5009.

THE WELCOME STARTS HERE

Do you enjoy greeting people and being a welcoming presence here at PazNaz? If so then the Welcome Center team has a place for you. To sign up to serve in the Welcome Center or as a golf cart driver, please contact Sylva Hekimian at shekimian@paznaz.org or 626.351.2426.

HEALING ROOMS

The Healing Rooms will next meet on Saturday, February 3, from 10:30 am-12:30 pm. Teams of 2 or 3 volunteers will pray with people for healing or any other personal needs. The Healing Rooms will be located in Room 112, Lower Sanctuary and will be available every first Saturday of the month. For more information, please contact Glendae Hauser at 626.388.0376 or Melody Bundy at mbundy@paznaz.org or 626.351.2425.

ASH WEDNESDAY SERVICE

Join your PazNaz family for a special Wednesday night service celebrating Ash Wednesday and the start of the Lenten season on February 14 at 7:00 pm in the Sanctuary. Regularly scheduled Wednesday activities will not be held so that you may attend the special service, but they will start again on Wednesday, February 21.

Life at PazNaz

LIVING THE MISSION: VOTE RESULTS

At the all-church business meeting on Sunday, January 14, the motion to sell the church-owned property in San Dimas passed by a vote of 153 (88%) yes to 21 (12%) no. Thank you to all who engaged in conversation, listened, prayed, and voted.

SEMINARIAN OFFERING

The Seminarian Offering not only provides important financial support for the Nazarene Theological Seminary, but it provides help to the future pastors, missionaries, chaplains, evangelists, and teachers of the Church of the Nazarene. Please prayerfully consider a contribution to this special offering on Sunday, January 28.

PASADENA PRIMETIME

Information Meeting: Classic Danube River Cruise with Oberammergau Passion Play - Come and learn more about this amazing trip at an informational meeting on Thursday, February 1, at 7:00 pm in Room 246, Reed Hall. You will be able to take advantage of the early rates offered at the meeting. This trip is organized by Pasadena PrimeTime, but it is open to the whole church. The trip is scheduled for September 21- October 1, 2020 and will include Budapest, Bratislava, Vienna, Passau, and Munich. Pick up a brochure at the Welcome Center or, for more information, contact Sylva Hekimian at 626.351.2426.

WOMEN'S MINISTRIES

Women in the Word - On Tuesday mornings at 9:30 am in Gilmore Hall, *Women in the Word* is a group of over 100 ladies who study the Bible together working through different themes. This winter the group will be studying *Thriving Tree: Biblical Women Then & Now*, taught by Natalia Kohn. There is a \$20 fee for materials and full scholarships are available. For more information, contact Bonnie Jakeway at bonniejakeway6@gmail.com or 626.422.7163. Free children's programming for birth-sixth grade is available when you RSVP to Erin Miller at emiller@paznaz.org.

MOPS (Mothers of Preschoolers) and Mom's Next

Meets on alternating Fridays from 9:15 -11:45 am in Gilmore Hall and provides moms with a hot meal, relevant teaching, support from Mentor Moms, companionship, and childcare. Women with children through elementary school are invited to attend. This year's theme is "Free Indeed." Cost per semester is \$130 for moms with children in Moppets, \$80 for moms only. Contact Sarah Edgbert at paznazmops@gmail.com for more information.

Girlfriend to Girlfriend

On Wednesdays starting January 24, women of all ages are invited to gather in Gilmore Hall from 6:30-8:00 pm and explore Mark Batterson's book, *If*, where you will learn to trade in your *If Only* regrets for God's *What If* possibilities. There is a \$20 fee for materials, and books will be available the first day of class. Contact Debra Wilkens at dwilkens@ix.netcom.com for more information.

PAZNAZ GIVING UPDATE

Tithes and Offerings Year to Date

Received January 14—\$23,126
Needed per Sunday—\$70,079
Received Year-to-Date—\$1,878,369
Budget Year-to-Date—\$2,155,433

Faith Promise/World Evangelism—Missions

Received January 14—\$1,015
Needed per Sunday—\$3,318
Received Year-to-Date—\$92,679
Budget Year-to-Date—\$128,977

The church fiscal year is from April 1, 2017 to March 31, 2018



#PazNaz



#PazNazChurch



#PazNazChurch



LifeAtPazNaz