

## Life at Valley Center

### A PLACE AT THE TABLE COMMUNITY GATHERING

The next *A Place at the Table Community Gathering* will be Sunday, January 21. On this Sunday the worship service begins at 10:15 am in Frazier Hall and is immediately followed by brunch at 11:30 am. Please sign up in the foyer. If you have any questions, contact Pastor Heather Handley at [hhandley@paznaz.org](mailto:hhandley@paznaz.org) or 626.351.2477.

### WOMEN'S BIBLE STUDY

Join this new Women's Bible Study on Sunday, January 20, at 7:00 pm in Frazier Hall as they begin looking at "Breaking Free," a Beth Moore study of overcoming the strongholds built through spiritual captivity. Tonight, Sunday, January 14, there will be a special prayer time at 6:30 pm before the study. The fee is \$20.00 for materials, but scholarships are available. Please contact Ferol Null with any questions at [fnull@paznaz.org](mailto:fnull@paznaz.org).

### FELLOWSHIP & PRAYER

This new event begins Sunday, January 28, at 6:00 pm in Frazier Hall and will be a time of sharing food together and praying for one another. Please sign up in the foyer so that we have an estimated headcount for dinner. Please contact Ferol Null with any questions at [fnull@paznaz.org](mailto:fnull@paznaz.org).

### CONGREGATIONAL CARE

Your pastoral staff wants to know when you or members of your family are in the hospital, facing surgery, or any other crisis. They want to join you in prayer and support during those difficult times. Please notify Pastor Heather Handley at [hhandley@paznaz.org](mailto:hhandley@paznaz.org), or by calling her directly at 626.351.2477. Pastor Heather will alert the pastoral staff and the other prayer teams that meet throughout the week.

### Leadership Team

**Heather Handley**, Interim Campus Pastor  
**Nathan Rodriguez**, Worship Leader  
**Terry Irish**, Associate Pastor  
**Scott Farris**, Youth Ministry Director  
**Liane D'Arezzo**, Valley Center Preschool Director

## This Week at VC

### Sunday, January 14

9:55 am Simply Prayer—Frazier Hall  
10:00 am Nursery Care (Birth - 3)  
10:15 am Morning Worship—Sanctuary

### Monday, January 15

**Church office closed for Martin Luther King Jr. Day**

### Tuesday, January 16

7:00 pm Youth Group (Grades 6-12)—Frazier Hall

### Wednesday, January 17

6:30 pm Find the classes that are right for you and your whole family on the PazNaz campus.

### Thursday, January 18

7:30 pm Worship Team Rehearsal—Sanctuary

### Friday, January 19

*No activities this day*

### Saturday, January 20

*No activities this day*

### VALLEY CENTER GIVING UPDATE Tithes and Offerings Year to Date

Received January 7—\$612  
Needed per Sunday—\$1,924  
Received Year-to-Date—\$77,695  
Budget Year-to-Date—\$77,262

*The church fiscal year is from April 1, 2017 to March 31, 2018*

**Valley Center: A Campus of PazNaz**  
5119 North Valley Center Avenue  
Covina, California 91724  
909.599.2512  
[valleycenter@paznaz.org](mailto:valleycenter@paznaz.org)

## Helpful Information

### Parking Lot Shuttle

A shuttle is available at the back ramps and on the patio for those in need of assistance. Call 626.351.9631 for service.

### Guest Registration

Complete the information requested on the Friendship Pad as it is passed during the service.

### Today's Offering

If you are a guest, please do not feel obligated to participate in the offering. This is an opportunity for regular attendees who consider PazNaz their church home to support the ministries of the church.

### Listening Assistance Devices

These devices are available at all worship services. Ask an usher for assistance.

### Welcome Center

It's the central kiosk on the patio. Guests can stop by for a friendly hello and information.

### Cry Room for Babies & Children

A special room is available just off the main lobby equipped so that you'll be able to see and hear the service while tending to the needs of your child. Nurseries are also available with nursery attendants trained and screened to provide a safe environment. Ask an usher for assistance.

### Lost and Found

Lost and Found is located at the reception desk in the church office from 8:00 am to 5:00 pm during the week.

### Sunday Morning Messages

You can watch or listen to the Sunday morning messages online. Just go to [www.paznaz.org](http://www.paznaz.org) or look up *PazNaz Weekly Sermons* on iTunes.

## PazNaz Pastoral Team

**Tara Beth Leach**, Senior Pastor

**Mano Agulian**, Armenian Ministries  
**Marcos Canales**, La Fuente Ministries  
**Sam Chung**, Cantonese Ministries  
**Alan De Vries**, Instrumental & Choral Music  
**Ali Deckard**, Creative Worship  
**Joel Deckard**, Interim Youth Pastor  
**Heather Handley**, Youth Pastor & Valley Center Interim Pastor  
**Julie Keith**, Family Life Ministries/Special Needs  
**Timothy Lee**, Korean Ministries  
**Darwin Ng**, Congregational Care/Senior Adults  
**Rosa Ramirez**, Compassionate Ministries  
**Ali Ravasdy**, Early Childhood Ministries  
**Doug Ravasdy**, Elementary Ministries  
**Faith Romasco**, Formation  
**Janine Sagherian**, Sunrise Preschool Director  
**Emily Shnorhokian**, Family Life Associate  
**Brad Strawn**, Teaching Pastor  
**Min Xiao**, Mandarin Ministries



## This Week at PazNaz

### Sunday, January 14

7:40 am Simply Prayer—Bride's Room, Lee Chapel  
8:00 am Morning Worship—Lee Chapel  
8:00 am Early Birds Childcare—228, Arms Hall  
8:30 am Church in the Park—Central Park  
9:15 am Early Childhood Classes—Arms Hall  
9:15 am Special Needs Children's Class—123, Arms Hall  
9:15 am La Fuente Ministries, Estudio Biblico—146, Reed Hall  
9:15 am 华语主日学 Mandarin Sunday School—149B, Reed Hall  
9:15 am Sunday School for children of all ages  
9:15 am Adult Sunday School Classes—various locations  
9:30 am Cantonese Sunday School—245, Lee Chapel  
10:15 am Simply Prayer—Sanctuary  
10:30 am Morning Worship—Sanctuary  
10:30 am Early Childhood Classes—Arms Hall  
10:30 am Children's Church—102, Lower Sanctuary  
10:30 am Special Needs Children—122 & 123, Arms Hall  
10:30 am Special Needs Youth Moderate to Severe — 115, Lower Sanctuary  
10:30 am Cantonese Service—Lee Chapel  
10:30 am La Fuente Ministries—Meguiar Youth Center  
10:45 am Korean Service—249, Reed Hall  
11:00 am 华语崇拜 Mandarin Service—248, Reed Hall  
12:30 pm 华语午餐会 Mandarin Lunch—148, Reed Hall  
1:00 pm 华语体育活动 Mandarin Sports Fellowship—Gym  
5:00 pm Living the Mission Dinner—Gilmore Hall  
6:00 pm Living the Mission Business Meeting—Sanctuary  
6:00 pm Armenian Christian Outreach—Lee Chapel

### Monday, January 15

**Church office closed for Martin Luther King Jr. Day**

### Tuesday, January 16

9:30 am Women in the Word—Gilmore Hall  
4:00 pm Men's Basketball—Gym, Open to everyone  
6:00 pm Prescott/Ragains Missionary Chapter—Gilmore Hall

### Wednesday, January 17

12:30 pm Centurion Class Prayer—246, Reed Hall  
2:00 pm Helping Hands—Lower Sanctuary, West Area  
6:30 pm Membership Class—Gilmore Hall  
6:30 pm Financial Peace University—249, Reed Hall  
6:30 pm God's Healing for Life's Losses—247, Reed Hall  
6:30 pm Nursery, Birth to 2—228, Arms Hall  
6:30 pm Early Childhood, Age 3-K—227, Arms Hall  
6:30 pm PazNaz Kids, grades 1-5—102, Lower Sanctuary  
6:30 pm Special Needs Adults—115, Lower Sanctuary  
6:30 pm Middle School—112, Lower Sanctuary  
6:30 pm High School—Meguiar Youth Center  
6:30 pm Armenian Christian Outreach Prayer Meeting—148, Reed Hall  
6:45 pm Celebration Choir—101, Lower Sanctuary  
7:00 pm Mandarin Bible Study—149A, Reed Hall  
7:30 pm Armenian Christian Outreach Bible Study—146, Reed Hall

### Thursday, January 18

10:00 am Simply Prayer—Lee Chapel  
7:30 pm Sunrise Orchestra—101, Lower Sanctuary

### Friday, January 19

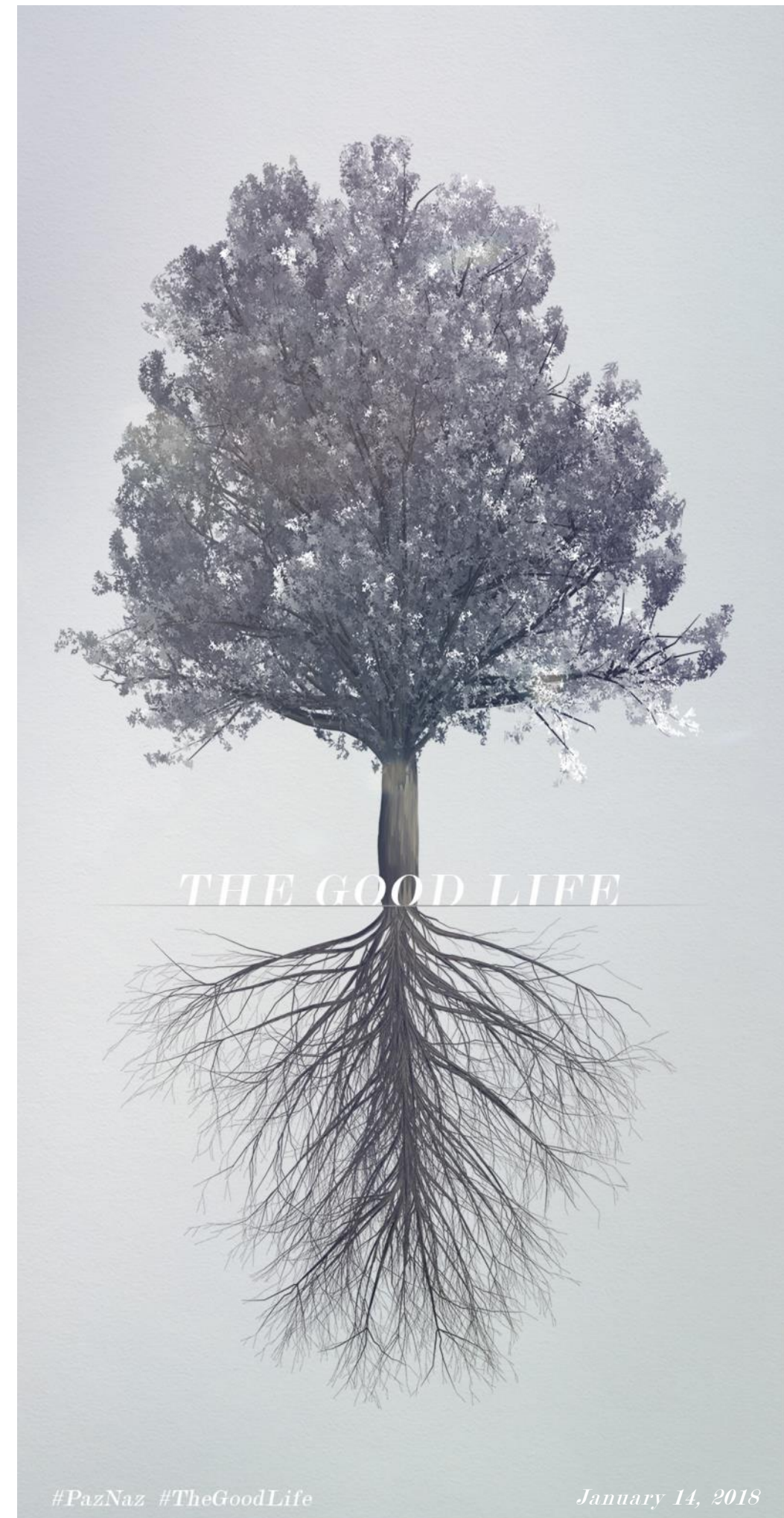
6:00 am Early Christians—247, Reed Hall  
9:15 am MOPS—Gilmore Hall

### Saturday, January 20

*No activities this day*

### First Church of the Nazarene of Pasadena

3700 East Sierra Madre Boulevard  
Pasadena, California 91107  
[www.paznaz.org](http://www.paznaz.org) | 626.351.9631



#PazNaz #TheGoodLife

January 14, 2018



## with Pastor Tara Beth Leach—An Apprentice to Humility

### Sermon Text:

*James 4:1-10 NIV*

What causes fights and quarrels among you? Don't they come from your desires that battle within you? You desire but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God. When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures.

You adulterous people, don't you know that friendship with the world means enmity against God? Therefore, anyone who chooses to be a friend of the world becomes an enemy of God. Or do you think Scripture says without reason that he jealously longs for the spirit he has caused to dwell in us? But he gives us more grace. That is why Scripture says:

“God opposes the proud  
but shows favor to the humble.”

Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded. Grieve, mourn and wail. Change your laughter to mourning and your joy to gloom. Humble yourselves before the Lord, and he will lift you up.

### Good Life Challenge: Week 2

Humility isn't thinking lower of ourselves, and it especially isn't thinking higher of ourselves. Humility is the ability to see oneself accurately. Often times we see ourselves through rose-colored glasses. This week's challenge is to practice self-examination and confession. This is an ancient practice we even see in the Psalms, “Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.” *Psalms 139:23-24*

The discipline of self-examination is a process whereby the Holy Spirit opens my heart to what is true about me. This isn't to induce shame; rather, it is opening oneself up to the grace and love of God that desires to transform our hearts, minds, and souls into God's likeness. Confession following self-examination is the process of trusting our brokenness with God, and accepting the forgiveness and restoration of Christ that leads to transformation.

An example of an experienced and embodied practice of self-examination:

- Supplies: Candle, Journal, Pen
- Find a quiet space in your room, and as you sit, embrace and reflect on the love of God that surrounds you. Take a few slow deep breaths, in and out. As you breathe in, breathe in the love and grace of God. As you exhale, exhale the distractions and worries of the day. Continue this exercise until you are focused and centered on the love of God. If you have a candle, light it. After lighting the candle, ask God's light to pierce your pride and defenses. Ask for God to reveal blind spots. As the Spirit brings thoughts to your mind, begin to make note of the things you are hearing. Journal and confess your sins to the Lord.

## ORDER OF WORSHIP

**Pasadena Campus**  
8:00 am Worship  
Lee Chapel

### Songs of Worship

- All Hail the Power of Jesus Name
- My Savior's Love
- Amazed
- Roots

### Offertory

*The Servant Song*

### Today's Message

*Pastor Tara Beth Leach*

**Valley Center Campus**  
10:15 am Worship  
Valley Center Sanctuary

### Songs of Worship

- Here I Am to Worship
- Indescribable
- Ever Be
- Oceans
- How Great Thou Art

### Today's Message

*Pastor Heather Handley*

**Pasadena Campus**  
10:30 am Worship  
PazNaz Sanctuary

### Songs of Worship

- This Is Amazing Grace
- Jesus Paid It All
- All Creatures of Our God and King
- Holy Spirit

### Offertory

*Roots*

### Today's Message

*Pastor Tara Beth Leach*

- In the presence of God, journal the following questions:
  - How has my pride caused harm to another person?
  - How could I better love the people around me?
  - Do I mostly talk about myself or show interest in others?
- Journal your emotions after answering these questions.
  - Why do I feel this way?
  - How does God feel about me?
- Turn to Psalm 51, and pray the Psalm before God.
- Thank God for meeting with you and pouring out God's grace.
- Write a resume of your character, not your expertise. What does this reveal about who you are becoming? Are you on the path to humility or to pride?

By the end of this series, it is our hope and prayer that you will develop a Rule of Life. A Rule of Life clears our busy and chaotic paths so that we can grow into greater intimacy with the One we are created to resemble. A Rule of Life looks different for everyone. It takes time to develop, accountability, and discernment. It can include practices and habits such as study, silence, prayer, intentional community, service, care, and rest. Below you will find an example of a Rule of Life.

Example of a Rule of Life: *Love God; Imitate Jesus; Love My Neighbor.*

### Prayer and Study

- Once a week practice the prayer of examination.
- At night before bed, confess my sins.
- In the morning when I wake, read one chapter of the Bible (make it a goal to read the Bible in a year).
- Read 6 books this year that will edify my walk with Jesus.

### Rest

- Take a silent retreat once a quarter.
- Play with my family 3 nights a week.
- Abstain from the news 3 nights a week.

### Relationships

- Meet with my friends and catch up on life once a month.
- Commit to a Sunday School Class.
- Commit to a Women's/Men's Bible study every Wednesday.

### Edify Others and Mission

- Serve at Church in the Park and build relationships with the people attending.
- Prayer walk through my neighborhood once a week.
- Ask the pastors where your gifts can be used at PazNaz and get plugged in.

### Resources for The Good Life Series:

These are recommended resources for you to dig deeper during our series, though all the views expressed in these books are not necessarily endorsed by the pastors and staff of PazNaz.

Tara Owens, *Embracing the Body.*

James Wilhoit, *Spiritual Formation as if the Church Mattered.*

Rodney Clapp, *Tortured Wonders, Christian Spirituality for People, Not Angels.*

James K. A. Smith, *You are what you Love: The Spiritual Power of Habit.*

Ronald Rolheiser, *The Holy Longing: The Search for a Christian Spirituality*

Johnathan R Wilson, *Why the Church Matters: Worship, Ministry and Mission in Practice.*

Dallas Willard, *Hearing God: Renovation of the Heart, The Divine Conspiracy, The Spirit of Disciplines*

Henri Nouwen, *Compassion: Life of the Beloved*

John Ortberg, *Soul Keeping: The Life You've Always Wanted*

A.W. Tozer, *The Knowledge of the Holy: The Pursuit of God*

Michael Frost, *Surprise the World!*

Alan Andrews, *The Kingdom Life: A Practical Theology of Discipleship and Spiritual Formation*

Phyllis Tickle, *The Divine Hours: Prayers for Springtime*

Tish Harrison Warren, *Liturgy of the Ordinary*

Thomas Merton, *The Seven Storey Mountain: The Wisdom of the Desert*

Adelle Calhoun, *Spiritual Disciplines Handbook*

Scot McKnight, *A Fellowship of Differences: The Jesus Creed, Praying with the Church*

Michael Counsell, *2000 Years of Prayer*

Richard J. Foster, *Streams of Living Water: Prayer*

Brad Strawn, *The Physical Nature of the Christian Life*

Peter Scanzero, *Emotionally Healthy Spirituality*

Bob Benson and Michael W. Benson, *Disciplines for the Inner Life*

Dr. Helen Orme, *Self Care through Prayer and Forgiveness*

Elizabeth Conde-Frazier, S Steve Kang, *A Many Colored Kingdom: Multicultural Dynamics for Spiritual Formation*

## Life at PazNaz

### LIVING THE MISSION

An all-church business meeting will take place tonight, Sunday, January 14, at 6:00 pm in the Sanctuary. Pastor Tara Beth will present an update on finances, church engagement, and how we will continue to live the mission into the future. Members age 15 and up will be asked to vote on a proposal to sell the single-family house that the church owns in San Dimas. The meeting will be preceded by dinner at 5:00 pm in Gilmore Hall. A few tickets for the dinner are still available in the Welcome Center. For more information, please contact Melody at [mbundy@paznaz.org](mailto:mbundy@paznaz.org) or 626.351.2425.

### BIBLE DONATIONS

Church in the Park is seeking donations of new or gently used Bibles to hand out to our friends at the park on Sunday mornings. If you would like more information, please contact Pastor Rosa Ramirez at [rramirez@paznaz.org](mailto:rramirez@paznaz.org) or 626.351.2421.

### MEN'S MINISTRIES

**Play the Man** - Somewhere along the way, our culture lost its definition of manhood, leaving generations of men and men-to-be confused about their roles, responsibilities, relationships, and the reason God made them men. Join this group of men who will settle for nothing less than fulfilling their highest calling to be the man and the father God has destined them to be on Wednesdays at 6:30 pm in Room 246, Reed Hall starting January 24 as they go through this study by Mark Batterson. Contact David Mimms for more information at [dmimms@paznaz.org](mailto:dmimms@paznaz.org).

### GOD'S HEALING FOR LIFE'S LOSSES

When life's losses invade your world, learn how to face suffering with God. This will be a raw and honest study concerning suffering, loss, and grief from a Christian perspective. Ginny Pedrotti, a retired pastor/missionary will be teaching the grief recovery class. She longs for others to find hope and strength to go on with life, and to have a safe place in which to mourn. This group meets on Wednesdays at 6:30 pm in Room 247, Reed Hall starting January 10. For more information contact Ginny Pedrotti at 626.446.5009.

### THE WELCOME STARTS HERE

Do you enjoy greeting people and being a welcoming presence here at PazNaz? If so then the Welcome Center team has a place for you. To sign up to serve in the Welcome Center or as a golf cart driver, please contact Sylva Hekimian at [shekimian@paznaz.org](mailto:shekimian@paznaz.org) or 626.351.2426.

### PRESCOTT/RAGAINS MISSIONARY CHAPTER

You are invited to attend the next Prescott/Ragains Missionary Chapter meeting on Tuesday, January 16, at 6:00 pm in Gilmore Hall, South. This month's speaker will be Betty Slattery. Contact Margaret Street at 626.833.2235 to make potluck reservations.

### HEALING ROOMS

The Healing Rooms will next meet on Saturday, February 3, from 10:30 am-12:30 pm. Teams of 2 or 3 volunteers will pray with people for healing or any other personal needs. The Healing Rooms will be located in Room 112, Lower Sanctuary and will be available every first Saturday of the month. For more information, please contact Glendae Hauser at 626.388.0376 or Melody Bundy at [mbundy@paznaz.org](mailto:mbundy@paznaz.org) or 626.351.2425.

### MISSIONARY BOOKS & CDS AVAILABLE

New missionary books and CDs for 2018 are now available for you to borrow. You can find more information about each of the books or check one out at the Missionary Kiosk in the foyer, the Disciples Sunday School class, the Centurion Sunday School class, or the Prescott/Ragains Missionary Chapter.

## Life at PazNaz

### SEMINARIAN OFFERING

The Seminarian Offering not only provides important financial support for the Nazarene Theological Seminary, but it provides help to the future pastors, missionaries, chaplains, evangelists, and teachers of the Church of the Nazarene. Please prayerfully consider a contribution to this special offering on Sunday, January 28.

### PASADENA PRIMETIME

**Kick Off 2018**– It's time again for the Annual Snack & Dessert Potluck on Thursday, January 18, at 7:00 pm in Gilmore Hall. If you're age 55 or better, come hear about all the upcoming PrimeTime activities, day trips, and tours for 2018. Invite a friend for a fun-filled evening and remember to bring a snack or dessert to share. Please sign up at the Welcome Center on Sundays or call Sylva Hekimian at 626.351.2426 to RSVP.

**Information Meeting: Classic Danube River Cruise with Oberammergau Passion Play** - Come and learn more about this amazing trip at an informational meeting on Thursday, February 1, at 7:00 pm in Room 246, Reed Hall. You will be able to take advantage of the early rates offered at the meeting. This trip is organized by Pasadena PrimeTime, but it is open to the whole church. The trip is scheduled for September 21-October 1, 2020 and will include Budapest, Bratislava, Vienna, Passau, and Munich. Pick up a brochure at the Welcome Center or, for more information, contact Sylva Hekimian at 626.351.2426.

### WOMEN'S MINISTRIES

**Women in the Word** - On Tuesday mornings at 9:30 am in Gilmore Hall, *Women in the Word* is a group of over 100 ladies who study the Bible together working through different themes. This winter the group will be studying *Thriving Tree: Biblical Women Then & Now*, taught by Natalia Kohn. There is a \$20 fee for materials and full scholarships are available. For more information, contact Bonnie Jakeway at [bonniejakeway6@gmail.com](mailto:bonniejakeway6@gmail.com) or 626.422.7163. Free children's programming for birth-sixth grade is available when you RSVP to Erin Miller at [emiller@paznaz.org](mailto:emiller@paznaz.org).

**MOPS (Mothers of Preschoolers) and Mom's Next** - Meets on alternating Fridays from 9:15 -11:45 am in Gilmore Hall and provides moms with a hot meal, relevant teaching, support from Mentor Moms, companionship, and childcare. Women with children through elementary school are invited to attend. This year's theme is "Free Indeed." Cost per semester is \$130 for moms with children in Moppets, \$80 for moms only. Contact Sarah Edgbert at [paznazmops@gmail.com](mailto:paznazmops@gmail.com) for more information.

**Girlfriend to Girlfriend** - On Wednesdays starting January 24, women of all ages are invited to gather in Gilmore Hall from 6:30-8:00 pm and explore Mark Batterson's book, *If*, where you will learn to trade in your *If Only* regrets for God's *What If* possibilities. There is a \$20 fee for materials, and books will be available the first day of class. Contact Debra Wilkens at [dwilkens@ix.netcom.com](mailto:dwilkens@ix.netcom.com) for more information.

### PAZNAZ GIVING UPDATE

#### Tithes and Offerings Year to Date

Received January 7—\$38,674  
Needed per Sunday—\$51,391  
Received Year-to-Date—\$1,855,242  
Budget Year-to-Date—\$2,085,354

#### Faith Promise/World Evangelism—Missions

Received January 7—\$1,835  
Needed per Sunday—\$3,318  
Received Year-to-Date—\$91,664  
Budget Year-to-Date—\$127,044

*The church fiscal year is from April 1, 2017 to March 31, 2018*